

# COUN - COUNSELING

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## **COUN 5115G Introduction to Professional Counseling (3-0-3)**

This course is designed to survey theoretical and applied concepts appropriate to human relations, counseling, and group work in detail. Aspects of counseling techniques and skills, various models of conflict resolution, problem solving, group work practice and theory, and human relation training and processes will be covered.

### **Restriction(s):**

Enrollment is limited to Graduate Level level students.

## **COUN 5115U Introduction to Professional Counseling (3-0-3)**

This course is designed to survey theoretical and applied concepts appropriate to human relations, counseling, and group work in detail. Aspects of counseling techniques and skills, various models of conflict resolution, problem solving, group work practice and theory, and human relation training and processes will be covered.

### **Restriction(s):**

Freshman or Sophomore students may **not** enroll.

## **COUN 6000 Portfolio/Exit Exam (0-0-0)**

Satisfactory grade in this course indicates completion of the exit examination for the Counselor Education programs.

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

## **COUN 6105 Psychological Aspects of Substance Abuse (3-0-3)**

Explains dynamics of substance abuse of alcohol, other drugs, and food. Emphasizes psychological factors, family dynamics, treatment methods, and implications for school, communities, and businesses.

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

## **COUN 6110 Research Methods and Design in Counseling (2-2-3)**

Intended to assist students in planning and conceptualizing their own research and in interpreting and using the research of others, conceptualize research problems, identify sources of data, assess treatment or intervention integrity, and measure constructs. Traditional content and electronic resources of counseling research are emphasized. Ethical and diversity issues (protection of human subjects, cultural and language issues) will be examined.

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

## **COUN 6115 Ethics and Professional Issues in Counseling (3-0-3)**

Provides an overview of the breadth and multi-disciplinary nature of counseling as a profession, with a focus on professional ethics, and is designed to acquaint graduate students with organizations, education settings, theories, methods, and services delivery in counseling.

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

## **COUN 6117 Diagnosis in Counseling (3-0-3)**

Offers a clinical overview of the processes of diagnosing dysfunctional behaviors and mental states, with application in both school and community settings. The course also surveys the characteristics and diagnosis of mental disorders with particular reference to the current edition of Diagnostic and Statistical Manual of Mental Disorders. Emphasis is placed on the development of diagnostic skills for the major disorders commonly encountered in social service, educational, and community counseling agencies. Brief reviews of treatment considerations for the major mental and emotional disorders will also be provided, and students will be provided with opportunities to explore initial counseling interactions through focused role-play activities and integration of theory, practice, and research

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

## **COUN 6118 Career Development Counseling (3-0-3)**

This is a course designed to assist counselors and others in a variety of work settings to attain knowledge and skills essential in helping individuals to consider possible career and life style options. An overview of career development theories and assessment instruments is given, and resources for occupational information are provided. Professional and ethical issues pertaining to career development and counseling are addressed throughout the course, and students are expected to participate in open discussions on these and other pertinent topics.

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

## **COUN 6119 Human Growth and Development (3-0-3)**

This course is designed to provide graduate students in community and school counseling with an overview of Human Growth and Development. This course introduces the student to theories of learning, personality, and social development as it impacts the individual and family. The course focuses on the role and function of the counselor to facilitate development over the lifespan. Special emphasis will be given to multicultural and ethical issues as they pertain to the area of human growth and development.

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

## **COUN 6155 Counseling Theory (3-0-3)**

Examines major theoretical systems with respect to major assumptions and tenets. Emphasizes convergence, divergence, strengths and weaknesses of theories and their applicability to divergent populations.

### **Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6175 Cultural Perspectives in Counseling (3-0-3)**

Provides an overview of counseling approaches and research on culturally diverse populations such as Asians, Hispanics, Native Americans, African-Americans. Addresses factors such as behaviors and emotions. Sensitizes the counselor to understand differing world views.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6185 Gender Issues in Counseling (3-0-3)**

Emphasizes sex role socialization and male/female roles as they pertain to counseling issues and practices. Exposes students to non-sexist counseling and new models of mental health which transcend sex-biases.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree or School Counseling.

Enrollment is limited to Graduate Level level students.

**COUN 6187 School Counseling Services (3-0-3)**

Training in educational settings, educational strategies, program design, and intervention approaches in a school setting. (Elementary, middle, and secondary schools). Integrates theory, practice, and research with focus on the role and function of a school counselor.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6190 Counseling Exceptional Children (3-0-3)**

This course is designed to introduce masters-level school counselors in training to issues surrounding the education of students with exceptionalities. Emphasis is placed on supporting learners with unique needs and disabilities in the school setting. Required assessment, interventions, adaptations, modifications and placement needs of exceptional children, and available resources and services for these learners are stressed. Also, this course will explore strategies for counseling exceptional children with an overview of lifespan development, diversity, and ethical consideration for professional school counselors.

**COUN 6225 Counseling Skills I (2-2-3)**

An introduction to basic counseling skills, (listening, responding, and problem solving) through role play and application.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6226 Advanced Counseling Skills (2-2-3)**

This is an academic and clinical training-based course. Counseling interventions useful in facilitating client change and growth from theory-specific, ethical and multiculturally competent perspective will be introduced. Clinical skills and concepts beyond the level of beginning counseling techniques will be taught. An overview of treatment planning will be offered to assist students in identifying appropriate theory-specific interventions and goals. Strategies for cognitive, affective, and behavioral change will be practiced in individual lab sessions.

**Prerequisite(s):** COUN 6225 with a minimum grade of B and COUN 6155 with a minimum grade of B and COUN 6265 with a minimum grade of B

**Restriction(s):**

Enrollment limited to students major in School Counseling or Clinical Mental Health Coun..

**COUN 6245 Individual Analysis (2-2-3)**

Individual assessment techniques aiding self-understanding, career decisions, and other life choices. Social and ethical issues in testing and professional standards for test use.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6255 Play Therapy (2-2-3)**

Theory and application of play therapy, with emphasis on the elementary school setting. Issues, specific models, and strategies will be discussed. Observation and participation experiences will be arranged.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6265 Group Techniques and Procedures (2-2-3)**

Group Techniques and Procedures provides both theoretical and experiential understanding of group development, dynamics, theories, and methods and skills. Students examine various types of counseling groups and related issues such as group stages, ethical and other professional practice considerations, leader and member behavior, and appropriate groups for particular populations. Furthermore, this course is highly experiential, providing participation in active group experiences. Clinical Significance: COUN 6265 is designed as a clinical training seminar with academic components. The course is facilitated, in part, as a psychoeducational group where the weekly group topic is aligned with course goals and objectives. Students are afforded an opportunity to experience group process and similar interpersonal dynamics

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6405 Applied Practice in Clinical Mental Health Counseling (0-6-3)**

Prerequisites: COUN 6115, COUN 6117, COUN 6155, COUN 6225, COUN 6265, and COUN 6785. Application of psychological assessment/change strategies with clients under close supervision in rehabilitation or community-settings. (S/U grading.)

**Prerequisite(s):** (COUN 6115 and COUN 6117 and COUN 6155 and COUN 6225 and COUN 6265 and COUN 6785)

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6415 Applied Practice in School Counseling (0-6-3)**

Prerequisites: COUN 6115, COUN 6117, COUN 6155, COUN 6225, COUN 6265, and COUN 6187. Provides practical supervised application with clients in a school setting. (S/U grading.)

**Prerequisite(s):** (COUN 6115 and COUN 6117 and COUN 6155 and COUN 6225 and COUN 6265 and COUN 6187)

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6555 Selected Topics in Counseling ((1-4)-0-(1-4))**

Research and discussion in special topics. Analysis of issues facing the counseling practitioner in contemporary society. May be taken twice for credit.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6697 Internship in School Counseling (0-(1-6)-(1-6))**

Provides advanced field experience training for the school counselor trainee in a school setting. May be taken twice for credit. (S/U grading.)

**Prerequisite(s):** COUN 6415

**Repeatability:** Repeatable for credit up to 2 times or 6 hours.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6698 Internship in Clinical Mental Health Counseling (0-(1-6)-(1-6))**

Supervised field placement in community agencies for the purpose of in-depth counseling and consultation with service providers. May be taken twice for credit. (S/U grading.)

**Prerequisite(s):** COUN 6405

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 6785 Seminar in Clinical Mental Health Counseling (3-0-3)**

This course provides an overview of the history, philosophy, and trends in clinical mental health counseling. Students will learn about the roles and functions, preparation standards, and professional issues of the clinical mental health counselor in a multicultural society. Students will develop an understanding of how clinical mental health counselors interact with government agencies, health care providers, and social service organizations during policy making, financing of services, advocacy for clients, and during interdisciplinary consultation.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

**COUN 6899 Independent Study (0-6-3)**

Prerequisite: Departmental approval. Incorporates a specialized independent investigation of a problem in community counseling or in school counseling, proposed by the student and under the direction of a specialist in the field. Relates to one of the core requirements of the degree.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7165 Counseling Children (3-0-3)**

Orients students to work with children as a distinct client population. Methods of assessment and counseling with children include developmentally appropriate applications of play therapy, behavioral therapy and family therapy.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7185 Family Psychopathology (3-0-3)**

Normal family processes and the development of dysfunction and psychopathology in marriage and the family.

**Prerequisite(s):** COUN 6115

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling, Clinical Mental Health Coun. or Non-Degree.

Enrollment is limited to Graduate Level level students.

**COUN 7215 Family Therapy Process and Practice (2-2-3)**

Prerequisite: Consent of department chair. Theories of family dynamics and methods of family psychotherapy. Emphasis on the systems approach.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling, Marriage Family Therapy or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7216 Ethics in Marriage & Family Therapy (3-0-3)**

Provides the graduate student with information and practice in ethical decision-making regarding typical and atypical marriage and family counseling scenarios.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling, Marriage Family Therapy or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7225 Crisis and Trauma Counseling (3-0-3)**

An introduction to the impact of crisis situations and traumatic experiences on individuals across cultures and throughout developmental stages, as well as appropriate response strategies in the counseling profession.

**Prerequisite(s):** (COUN 6115 and COUN 6225)

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7275 Advanced Techniques in Marriage and Family Therapy (2-2-3)**

Emphasizes application of approaches and techniques learned in Family Therapy Process and Practice.

**Prerequisite(s):** COUN 7215

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7285 Marriage and Family Assessment (2-2-3)**

Prepares students in marriage and family interviewing genograms, projective techniques for families, other assessment techniques, and evaluation procedures.

**Prerequisite(s):** COUN 7215

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling, Marriage Family Therapy or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7286 Marriage Systems Theory and Therapy (2-2-3)**

Prerequisites: COUN 7215 and COUN 7275. Acquaints the student with theories specific to the marital relationship and executive subsystem of families, historic perspective, lifestyles, and lifespan issues.

**Prerequisite(s):** (COUN 7215 and COUN 7275 (may be taken concurrently))

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7287 Marriage & Family Therapy Supervision/Family Life Education (3-0-3)**

Family Therapy Process and Practice. Designed to survey theoretical and applied concepts appropriate to marriage and family therapy supervision in detail; aspects of marriage and family supervision techniques and skills, various theoretical models of supervision, and characteristics of the supervisor and supervisee processes.

**Prerequisite(s):** COUN 7215

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7288 Principles and Practices of Sex Therapy (3-0-3)**

Prerequisites: COUN 6115 and COUN 6225 with grade of 'B' or better.

Provides students with an understanding of human sexual development with a particular focus upon sexuality counseling from a systems perspective.

**Prerequisite(s):** (COUN 6115 and COUN 6225)

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7555 Selected Topics in Counseling (2-2-3)**

Prerequisite: Permission of Department. Research and discussion in special topics. Study of advanced issues facing counselors in school and/or community settings.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

Students in the Department Prerequisite college may **not** enroll.

**COUN 7786 Seminar in School Counseling (3-0-3)**

This course provides an overview of the principles, procedures, and emerging trends in professional school counseling. This course is designed to examine school counselor roles and responsibilities in relation to the school emergency management plans, crises, disasters, and trauma. Students will learn about school counselor roles in consultation with families, P-12 and postsecondary school personnel, and community agencies. Students will learn a variety of other topics that are currently addressed in the professional school counseling literature.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.

**COUN 7899 Independent Study (1-0-3)**

Prerequisite: Permission of Department. A specialized investigation of an issue relevant to school or community counseling under the direction of a counseling faculty member.

**Restriction(s):**

Enrollment limited to students major in Education - Non-Degree, School Counseling - Non-Degree, School Counseling or Clinical Mental Health Coun..

Enrollment is limited to Graduate Level level students.