

# KINESIOLOGY (BS) - HEALTH & PHYSICAL EDUCATION NON-CERTIFICATION CONCENTRATION

## Program Map

Course	Title	Credit Hours
<b>First Year</b>		
<b>Fall</b>		
ENGL 1101	English Composition I (minimum grade of C)	3
MATH 1001 or MATH 1101	Quantitative Skills and Reasoning (or higher; recommend MATH 1111 College Algebra) or Introduction to Mathematical Modeling	3
EDUC 2130	Exploring Learning and Teaching (minimum grade of C)	3
KINS 2271	Skills and Concepts I (minimum grade of C)	3
CHEM 1151 & 1151L	Survey of Chemistry I and Survey of Chemistry I Lab <sup>1</sup>	4
<b>Credit Hours</b>		<b>16</b>
<b>Spring</b>		
ENGL 1102	English Composition II (minimum grade of C)	3
Area B2	ITDS 1779 (2), LEAD 1705 (2), PERS 1506 (1; may be repeated with different topic), PERS 1507 (2)	2
KINS 2272	Skills and Concepts of Physical Activity II (minimum grade of C)	3
EDUC 2110	Investigating Critical & Contemporary Issues in Education (minimum grade of C)	3
BIOL 2251K	Anatomy & Physiology I (minimum grade of C)	4
<b>Credit Hours</b>		<b>15</b>
<b>Second Year</b>		
<b>Fall</b>		
AREA C	Humanities Elective	3
HESC 2105	Personal Health (minimum grade of C)	3
Area B1	COMM 1110 Public Speaking or foreign language 1001, 1002, 2001, 2002	3
KINS 1105	Introduction to Kinesiology (minimum grade of C)	3
BIOL 2252K	Anatomy & Physiology II (minimum grade of C)	4
PEDS****		1
<b>Credit Hours</b>		<b>17</b>
<b>Spring</b>		
AREA C	Fine Arts Elective	3

EDUC 2120	Exploring Socio-Cultural Contexts on Diversity in Educational Settings (minimum grade of C)	3
POLS 1101	American Government	3
KINS 3165	Principles of Sport Coaching (minimum grade of C)	2
KINS 4131	Exercise Physiology (minimum grade of C)	3
KINS 4331	Exercise Physiology Laboratory (minimum grade of C)	1

**Credit Hours 15**

<b>Third Year</b>		
<b>Fall</b>		
AREA E	Area E Behavioral Science	3
KINS 1106 or PHED 1205	Lifetime Wellness or Concepts of Fitness	2
KINS 5116U	minimum grade of C	3
AREA D	Science	3
AREA E	World Cultures	3
Area D	Science, Math, Tech (recommend STAT 1401 Elementary Statistics)	3
<b>Credit Hours</b>		<b>17</b>
<b>Spring</b>		
AREA F	PEDS**** (minimum grade of C)	1
AREA G	Elective (minimum grade of C) <sup>2</sup>	3
KINS 5215U	The Development of Motor Skills: A Lifespan Perspective (minimum grade of C)	3
KINS 4245	Physical Activity for Students with Disabilities (minimum grade of C)	3
KINS 2105	Weight Control (minimum grade of C)	2
KINS 3135	Kinesiology (minimum grade of C)	3
<b>Credit Hours</b>		<b>15</b>

<b>Fourth Year</b>		
<b>Fall</b>		
HIST 2111 or HIST 2112	U. S. History to 1865 or U. S. History since 1865	3
KINS 4317	Health Related Fitness Education (minimum grade of C)	2
KINS 4146	Measurement and Evaluation in Kinesiology (minimum grade of C)	3
KINS 4415	Coaching Practicum (minimum grade of C)	2
AREA G	Elective (minimum grade of C) <sup>2</sup>	3
HESC 5795U or HESC 5107U	Seminar in Alcohol and Drug Abuse (minimum grade of C) or Human Sexuality (minimum grade of C)	3
<b>Credit Hours</b>		<b>16</b>
<b>Spring</b>		
KINS 4698	Internship / Practicum <sup>3</sup>	12
<b>Credit Hours</b>		<b>12</b>
<b>Total Credit Hours</b>		<b>123</b>

<sup>1</sup> Prerequisite for BIOL 2221K.

<sup>2</sup> Requires advisor approval.

<sup>3</sup> Requires advisor approval.

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<sup>3</sup> KINS 4698 Internship / Practicum 6 to 12 hour option; requires approval.