## HEALTH AND PHYSICAL EDUCATION (MAT)

## **Overview**

The Master of Arts in Teaching (M.A.T.) program in Health and Physical Education is designed to provide both a master's degree and initial teacher certification at the T-5 level for individuals holding a bachelor's degree. Certification in this field is for grades P-12. The M.A.T. provides professional and pedagogical studies that develop proficiency in the knowledge, skills, and habits of beginning teachers.

All educator preparation programs are approved by the Georgia Professional Standards Commission. In addition to the degree requirements, there are further requirements for teaching certification. Visit the Certification page (https://cqtl.columbusstate.edu/certification.php) on the CSU Center for Quality Teaching and Learning (CQTL) website for detailed information about certification requirements and the certification process.