

# EXERCISE SCIENCE (MINOR)

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## Program of Study

| Code                         | Title  | Credit Hours |
|------------------------------|--|--------------|
| KINS 3135                    | Kinesiology                                      | 3            |
| KINS 4131                    | Exercise Physiology                              | 3            |
| KINS 4232                    | Exercise Testing                                 | 3            |
| KINS 4133                    | Exercise Prescription                            | 3            |
| Select one of the following: |  | 3            |
| KINS 3107                    | Psychology of Exercise                           |              |
| KINS 4146                    | Measurement and Evaluation in Kinesiology        |              |
| KINS 4135                    | Pathophysiology for Exercise Science Professions |              |
| KINS 4137                    | Nutritional Bases of Human Performance           |              |
| <b>Total Credit Hours</b>    |  | <b>15</b>    |